



SPORTS AUTHORITY OF INDIA
NETAJI SUBHAS REGIONAL CENTRE
SAROJINI NAGAR, KANPUR ROAD, LUCKNOW-8

Sealed tenders are invited by Sports Authority of India, Netaji Subhash Regional Center, Lucknow from reputed catering agencies with minimum annual turnover of Rs.50 lakhs having minimum 3 years experience of providing food in various institutions etc. for awarding contract to provide Mess for Hostlers under STC Scheme & National Campers in the SAI Regional Centre, Sarojini Nagar, and SAI Training Centre, Guru Gobind Singh Sports College, Kursi Road, Lucknow.

1. Tender Cost (Cash or draft) : Rs. 500/-
2. Sale of tender document from: : 08.07.2013
3. Last Date of Submission of Tender Documents : 29.07.2013 UPTO 3.00PM
4. Date of Opening of Tender Documents : 29.07.2013 AT 3.30 PM
5. Earnest Money in way of draft : Rs. 1,75,0000/-
6. Estimated Value : Rs. 70.00 lacs per annum
7. Website : <http://www.sportsauthorityofindia.nic.in>

The detailed information, terms and conditions governing the award of contracts contained in the tender documents which may be obtained from the office of Accounts Section, SAI, Netaji Subhas Regional Centre, Sarojini nagar, Kanpur Road, Lucknow . In case of downloading of tender form from website the bidder will have to submit tender cost separately alongwith Earnest Money Deposit. Draft may be prepared in favour of Director, Sports Authority of India, Netaji Subhas Sub-Centre payable at Lucknow.

Tender offer in the prescribed tender form along with all relevant documents sealed and completed in all respect must be submitted on or before schedule date & time.

Sports Authority of India reserves the right to accept or reject any tender without assigning any reason whatsoever.

Regional Director

Cost Rs.500/-

TENDER NO _____

SPORTS AUTHORITY OF INDIA

NETAJI SUBHAS REGIONAL CENTRE LUCKNOW

TENDER

FOR

RUNNING MESS

AT

NS REGIONAL CENTRE, SAROJINI NAGAR,
LUCKNOW

&

SAI TRAINING CENTRE, G. G. S. SPORTS
COLLEGE, KURSI ROAD, LUCKNOW

Website: <http://www.sportsauthorityofindia.nic.in>

LAST DATE & TIME FOR SUBMISSION OF TENDER 29.07 2013 **UPTO 3.00 PM**
DATE & TIME FOR OPENING OF TENDER 29.07.2013 AT 3.30 PM.

SPORTS AUTHORITY OF INDIA
Netaji Subhas Regional Centre
Sarojini Nagar, Kanpur Road, Lucknow-8

TENDER DOCUMENT FOR RUNNING MESS IN SAI NETAJI SUBHASH SUB-CENTRE & SAI Training Center G.G.S.SPORTS COLLEGE, LUCKNOW

1. INVITATION OF BIDS:

- 1.1 Sports Authority of India invites sealed tender for providing catering service for sports trainees at SAI Regional Centre, Sarojini Nagar, Kanpur Road, Lucknow and SAI Training Centre, Guru Gobind Singh Sports College, Kursi Road, Lucknow from reputed Caterers having minimum annual turn over of Rs. 50 lakhs during last 3 financial years for catering services to various institutions. The rate and menu of the meal is attached as Annexure-I to this form.
- 1.2 The bidders are required to accept all terms & conditions mentioned in the Tender Document. SAI reserves the right to reject any or all offers without assigning any reason.
- 1.3 It is the responsibility of the bidders to read all terms & conditions of the Tender Document before filling the tender. Incomplete Tender Documents or bids are liable to be rejected.
- 1.4 Tenders documents are neither transferable nor cost of tender documents is refundable under any circumstances.
- 1.5 Offers sent by electronic e-mail/fax/telegram will not be accepted.
- 1.6 SAI reserves the right to reject the tender of all or any party without assigning any reason.
- 1.7 Any tender received after the specified date, time and place mentioned in the advertisement will not be entertained under any circumstances.

2. SERVICE REQUIRED FROM THE CATERERS:-

- 2.01 Provide meals both vegetarian and non vegetarian, per month, to about 180 trainees under STC & additional National campers allotted on camp to camp basis, staying in the SAI Hostels at SAI Regional Centre, Sarojini Nagar, Kanpur Road, Lucknow & SAI Training Centre Guru Gobind Singh Sports College, Kursi Road, Lucknow as per approved Menu/Rate and quality.
- 2.02 Rate of eatables items approved by SAI will be enforcing during the period of contract. However the rates will be revised by the Competent Authority as conveyed from Head Office time to time and payment will be made accordingly.

3. EARNEST MONEY DEPOSIT(EMD)

- 3.1 Earnest money of Rs. 175,000/-(Rupees one Lacs seventy thousand only) by the tenderer through demand draft in favour of Director, Sports Authority of India, Netaji Subhas Sub-Centre, payable at Lucknow from any nationalized bank. In case of downloading from website the bidder will have to submit tender cost along with EMD.

(SIGNATURE OF THE BIDDER)

with address and seal

OFFERS NOT ACCOMPANIED BY THE REQUIRED EMD WILL BE REJECTED.

- 3.2 The Earnest Money draft will be returned to the unsuccessful bidders with in three months of the date of approval of the successful bidder. The earnest money of the successful bidder will be liable to be forfeited, if he does not fulfill any of the following conditions of the contract.
- a) The successful tender will furnish **SECURITY DEPOSIT** of Rs.2,50,000/- (Rupees two lacs fifty thousand only) within seven days of the receipt of the award of contract.
 - b) Execution of the agreement on Rs. 100/- (Rupees ten only) Stamp Paper within 7 days of the receipt of award letter.
 - c) To undertake the work from the specified date mentioned in the award letter.
- 3.3 The earnest money of the successful bidder will be refundable after completion of the above-mentioned formalities.

4. SCHEDULES OF TENDER

- 4.1 The Tender Document will be available between 10.00 hours to 16.00 hours on all working days from 08.07.2013. The intended bidders may purchase the same from the office of Sports Authority of India Regional Centre, Sarojini Nagar, Kanpur Road, Lucknow by making payment of Rs 500/- (Rs. Five hundred only) through A/C Payee Dement Draft/ Pay Order drawn in favour of Director, Sports Authority of India, Netaji Subhas Sub-Centre payable at Lucknow or in cash.
- 4.2 The bidders who download the tender documents from given website are required to pay Rs. 500/- (Rs. Five hundred only) in the form of separate Demand Draft as cost of tender documents. In case the bid is received without the cost of tender documents, the same would not be considered.
- 4.3 Technical & Financial bids shall be received up to 29.07.2013 by 3.00 PM. The technical bids will be opened on 29.07.2013 at 3.30 PM.
- 4.4 The Financial Bid of only those bidders will be opened whose Technical bid the Competent Authority accepts. The date time and venue for opening of Financial Bids shall be communicated to the qualified bidders. However, SAI reserves the right for not inviting the unqualified bidders while opening the financial bids.
- 4.5 Any tender received after the date and time given above will not be entertained under any circumstances.
- 4.6 The competent authority reserves the right to reject any or all tender without assigning any reason.

5. PROCEDURE FOR SUBMISSION OF BIDS

- 5.1. The Bids shall be submitted in two separate sealed envelopes as under:-
- a) **Envelope A-** should contain the Bank draft of EMD & Reciept/ Bank Draft of tender cost alongwith details in Annexure II. In case the same is not available the Technical Bid and the financial bid of the bidder will be rejected.

(SIGNATURE OF THE BIDDER)

with address and seal

- b) **Envelope B** : should contain the technical bid Document (Annexure-III). Each page of the Tender Document duly signed by the bidder along with all relevant documents to be submitted. In case any of the documents as asked for in Annexure III are not submitted then the technical bid is liable to be rejected.
- c) **Envelope C**: should contain the Financial bid (AnnexureIV).
- 5.2 All three envelopes should be submitted in one single envelope duly sealed, addressed to Regional Director, Sports Authority of India, Netaji Subhas Regional Centre, Sarojini Nagar, Kanpur Road, Lucknow and super scribed “Tender Document For Running Mess in SAI Netaji Subhash Regional Centre & SAI Training centre, G.G.S.Sports College, Lucknow. The cover should also bear the name and address of the bidder including telephone number.
- 5.3 The bidder must put his seal and signatures on each page of the bid as well as supporting documents. Any correction, overwriting etc. in the financial bid especially financial bidding document will not be accepted and the bid will be rejected.
- 5.4 The bid duly completed in all respect should be inserted in a sealed box placed in the office of Sports Authority of India, Netaji Subhas Regional Centre, Sarojini Nagar, Kanpur Road, Lucknow.
- 5.5 The bidder who wish to submit bid duly completed in all respect by post will ensure that the same reaches to this office on or before due date and time given for submission of same. Bid received after due date and time will not be considered under any circumstances.

5. ELIGIBILITY CRITERIA

The bidders should have experience of providing catering services in Educational/ sports institute at least for a period of two years with minimum annual turn over of Rs. 50.00 lacs per annum during the preceding three financial years from the catering business.

6. SELECTION CRITERIA:

The selection of successful bidder will be done on the basis of highest Monthly License Fee quoted by the bidders for use of the premises offered to them in SAI Regional Centre, Lucknow and SAI Training centre, GGS Sports College, Lucknow fulfilling the eligibility criteria.

8. PAYMENT PROCEDURE

- 8.1 The Caterer will submit the bill SAI Regional Centre, Lucknow and SAI Training centre, GGS Sports College, Lucknow alongwith actual attendance duly verified/certified by warden/ Incharge by the first week of every month for preceding month. The payment of the bills will be made with in 10 days from the date of submission the bill through ECS.
- 8.2 The agency will responsible to deposit EPF & ESI subscription as per rule under labour law.

9. CONDITION OF CONTRACT

- 9.1 Offers sent by telex/fax/telegram will not be accepted.

(SIGNATURE OF THE BIDDER)

with address and seal

- 9.2 The issuing of tender document shall not confirm that the tenderers are automatically qualified.
- 9.3 If even after award of contract, information/facts submitted by the tenderer are found misleading/incorrect/false etc., SAI reserves the right to disapprove the contract.
- 9.4 In case of any dispute between the employees and successful tenderer, SAI will have no responsibility and shall not be responsible for any compensation in any form to such employment to any of such employees during the currency of and/or after the expiry of this agreement.
- 9.5 In case of any dispute, the matter shall be under the jurisdiction of the courts situated in Lucknow only.
- 9.6 Facilities to be provided by SAI to the mess:
- a) Dinning hall and one kitchen with store for National Campers and Two dinning halls and two kitchen with store for STC at Netaji Subhas SAI Regional Centre Luknow.
 - b) One dinning hall and one kitchen at G.G.S.Sports College, Lucknow
 - c) Water and Electric connection (domestic) for cooking purpose.
- 9.7 The caterer will be responsible for maintaining the furniture, electrical, sanitary water connection and other fittings in proper working condition and in case of any fault, will be repaired at his own cost.
- 9.8 The furniture issued will be on One-Time Basis, and it should be returned in good condition.
- 9.9 The caterer will be responsible for the cleanliness of the dinning hall, kitchen and the surrounded areas.
- 9.10 The caterer will not be allowed to use hard coal/wood.
- 9.11 The food supplied should be wholesome, hygienic and nutritious and prepared in refined oil. The SAI reserve the right to take the assistance of any institution/agency/expert for guiding the caterer in this respect and advice of Incharge will be binding.
- 9.12 Waiters/Cooks should always be in prescribed uniform as decided by Incharge and the uniform has to be provided by the caterers at his own cost.
- 9.13 The caterer has to bring his own kitchen equipments, crockery and cutlery utensils and other items required for preparing and serving of food. All the items should be of good and standard quality and same are subject to checking by SAI.
- 9.14 The agreement will be for a period of two year from start of the services which can be terminated by either party giving 1 (One) month notice and thereupon the premises will be vacated and all equipments/belongings of caterer to be removed forthwith non-withstanding whatever claims/counter claims he may be having. The services could also be terminated for major breach or complaint of any of the terms and conditions stipulated in the agreement.

(SIGNATURE OF THE BIDDER)
with address and seal

- 9.15 The contract is for one year and can be extended for another six months and then for another six months on the basis of satisfactory performance and willingness of the successful bidder.
- 9.16 Licensee shall pay the license fee for every month in advance by 10th day each English Calendar month. Non-payment of license fee within the prescribed date will constitute breach of the terms of license failure to company with the above provision may lead to termination of the contract.
- 9.17 If the licence fee, or any part/thereof shall at any time, be in arrears and remaining unpaid after the due date and or if the licensee any time fails or neglects to performs or observe any of the terms and conditions herein contained and on his part to be observed and performed of very serious nature, then in that event, the licensor may without prejudice to his general right of revocation of licence as a licensor, be terminated the contract by given 10 days notice in writing to the licensee, there upon the licensee will peacefully give up position of the premises in question. However the licensor retain his right to recover any loss or prestige suffered on account of any antecedent breach of terms and conditions and contravention on the part of the licenses.
- 9.17 In case of food, if found less in quantity or quality is not of standard quality or in unhygienic condition or not served in time, the penalty will be deduction of 10% of the monthly bill or as decided by the Incharge, repeated fault may result in forfeiture of part or whole of security and even termination of the contract. SAI reserves the right to visit the existing or the past customers of the tenderer to ascertain the quality of work performed by them and in case any negative report are received against the tenderer, his tender may be rejected. Also in case any information provided by the tenderer is found to be false, his tender will be rejected and EMD forfeited.
- 9.18 That without prejudice to the rights and privileges of the licensor, licensee during the tenure of this license shall not transfer, assign or part with licensed premises or any portion thereof permanently or temporarily to any other person and shall not be allowed to take any person to share the accommodation or in partnership without the prior written permission of the licensor, nor shall be entitled to allow any person to occupy the licensed premises or to use any part thereof or create any right of any other person/party in the said licensed premises.
- 9.19 The licensee shall not be entitled to put up any structure (permanent/temporary) on the licensed space. In case any such structure(s) is/are required to be put by the licensee for promotion of his business the licensee shall submit a detailed plan for approval of the licensor. No additional/alteration or structural changes would be allowed to be put up without the written prior approval of the licensor.
- 9.20 That in the case the license comes to an end on expiry of the period of license or is revoked before the expiry of terms, in that event, the licensee shall not remove from licensed premises, furnishing, fitting, fixture etc. belonging to the licensee without the prior written approval of the licensor. If the licensor decides not to retain all or any of the fitting and furnishing, the licensee shall remove the same peacefully and restore the licensed space to the original condition at his own cost.

(SIGNATURE OF THE BIDDER)

with address and seal

- 9.21 That the licensee shall not do anything in or outside the licensed premises which may create nuisance or any cause of annoyance, to the licensor and or to the visitors and Sports person living/visiting the premises.
- 9.22 That the overall control and supervision of the premises shall remain vested in the licensor and the licensor through its authorized representative will have the right to inspect the whole or part of the licensed premises as and when considered necessary with respect to its bonafide use and in connection with fulfillment of the other terms and conditions of the license.
- 9.23 In case of any damage to the property belonging to licensor the licensee shall compensate the licensor to and for the amount as may be determined by the licensor, which shall be final and binding on the licensee.
- 9.24 Only such items of foods and beverages etc. will be prepared as provided in menu and any additional items should as have not been prohibited by Ministry of Health or SAI and other Govt. Agency of UPD Centre.
- 9.25 The licensee shall arrange for removal of the garbage, the kitchen waste or any other type of refused or waste material every day at his own cost.
- 9.26 That the licensee shall maintain environmental hygiene and proper sanitation of the licensed premises during all working hours. The licensee shall be bound to avoid by all the provisions of the prevention of Food Adulteration Act as applicable in Lucknow, UP and such other Central and local laws and rules and regulation existing therein or to be enacted or introduced hereafter.
- 9.27 The caterer will ensure compliance with all labour laws as applicable to caterer and caterer's employees including any additional obligations that may arise on account of the canteens being located within the SAI premises.
- 9.28 That in case the license is cancelled by the licensor, the unauthorized occupants of the public premises viz erstwhile licensee together with all other unauthorized occupants, if any shall be liable to pay the damages at such rates as may be determined by the licensor.
- 9.29 On the expiry of the period of license, in case the license is not renewed or fresh license entered into or in case of default in payment of license fee or violation of any clause of the agreement. The licensee shall become an unauthorized occupant of the said public premises under section 4 of the public premises. (Eviction of unauthorized occupants) Act-1971 and the licensee shall be liable to be prosecuted under the provisions of the said above Act. Besides the jurisdiction of the Estate Officer as appointed by Ministry of Youth Affairs and Sports of SAI, in case of other disputes that the courts of Lucknow only shall have jurisdiction to entertain any application in respect of any proceeding under this agreement or to entertain any suit in connection with this agreement of license and no other court of any other place shall have the jurisdiction to entertain any such application or any suit.
- 9.30 That the washing of utensils etc. including dishwashing shall not be permitted at any place other than the space in the kitchen provided for this purpose.

(SIGNATURE OF THE BIDDER)

with address and seal

- 9.31 That the licensee at his own cost will provide running hot water, cupboards for keeping servant's cloths, fire proof arrangement and all other requirement in the kitchen. It will be responsibility of licensee to comply with all fire-fighting norms and condition as laid down by the concerned authority. SAI will not be responsible in case of any eventuality.
- 9.32 The licensee shall not encroach upon any area of vacant land or constructed portion for any purpose.
- 9.33 That no public telephone shall be arranged/provided in canteen without obtaining prior approval of the licensor in writing.
- 9.34 That the licensee shall not display any neon signboard or advertisement board etc. without prior written permission of the licensor, but the licensee shall be responsible to pay the advertisement tax or any charges leviable by the licensor, if any neon sign board or advertisement board etc. is installed without the prior written permission of the licensor.
- 9.35 The serious breach of any of these conditions will make the licensee liable to cancellation with immediate effect as decided by the Incharge. That the security deposit will also be forfeited in case of breach of any condition mentioned in the tender. On revocation/cancellation/ determination of the license it shall be duty of the licensee to vacate the licensed premises with in the time given in the communication issued by the licensor in this respect, in case the licensee shall fails to vacate the premises within the stipulated the licensor shall be entitled to charge/recover damages at such rates as may be determined by the licensor. In the event of the licensee desirous of surrendering the licensed space before the expiry of the terms of the license, he can do so by giving one month's notice in writing terminate his liability on the date of expiry of the said notice or on the date of handing over the possession of licensed premises whichever is latter provided that out going licensee clears all the pending dues including damage charges, if any. Clearance of the dues will be essential condition for the acceptance of the notice. In the event of the non payment of the dues before the date of expiry of notice period, the time taken in clearing the dues will be automatically postpone the date of notice period and the period of the notice in that even will expiry on the date of clearance of the dues.
- 9.36 The tenderer, its staff and employees will be liable to bring to the notice of the Incharge of the centre SAI any untoward developments at the earliest possible instance failing which it will be deemed that the party its staff and employees and involved in or connected with or beneficiaries of the said untoward developments/activities.
- 9.37 That the licensee shall stand ipso-facto determined without any right to compensation whatsoever to the licensee in any of the following events. It the licensee (s) being an individual or if an firm, any partner in the licensed firm, shall die or at any time be adjudged insolvent or shall have a receiving order for administration of his estate made against him or shall take any proceeding for liquidation or compensation under any insolvency act for the time being in force or make any conveyance or assignment of his effect or enter into any arrangement or composition with creditors or suspend payment or shall introduce a new partner or shall change the constitution of partnership or if firm is dissolved under the partnership act.

(SIGNATURE OF THE BIDDER)

with address and seal

- 9.38 The tenderer, will be responsible for ensuring that all the employees and staff duly maintain necessary hygiene, decorum and proper discipline viz-a-viz the campers and their associates. No person associated with the canteen shall have any dealings or association of any kind whatsoever with and the party will be fully responsible for its staff and employees both before and after their respective working hours in the event of impermissible interaction between any employee/staff of the part and any camper whether individual or in a group.
- 9.39 The successful tenderer shall be responsible for ensuring the safety of the persons, etc. In case of any injury to any persons or damages caused to the property of SAI or any third party, the tenderer shall be responsible to pay compensation for such injury and /or damages as may be required under the law. In case of any court case or challan by the police or any local authority or any other party competent to take such action, the tenderer shall be solely responsible for defending the cases in a court of law and/or to ensure compliance with the summons or challan so served in this behalf.
- 9.40 The cooks & bearers should be medically fit and should not be below 18 years of age. It may be also ensured that they are not suffering from infectious/contagious diseases.
- 9.41 These are only proposed draft terms and conditions and can be modified changed or added to the time of finally conclude and signing the agreement.

This is to certify that I/we have studied site, read, understood all the clauses of the tender and in case of award undertake to abide by its terms and conditions.

Signature:

Designation:

Date : _____

Name of the Firm & Address

SEAL:

MENU FOR CAMPERS**AT THE RATE OF RS. 300.00 PER DAY / PER HEAD**

Team events of such as Basketball, Football, Handball, Hockey, Kabaddi, Volleyball, Badminton, Tennis, Table Tennis, Water Polo.

MEAL	ITEMS	QUANTITY
Bed Tea	Tea	One Cup (150)
Before Training	Biscuits	20g
During Training	Fruit Juice	200ml
	Sweetened Lime Juice	500ml
Breakfast	Bread	6 slices (90g)
	Butter	25g
	Jam	50g
	Eggs/Panner Cutlets/Liver/ Processed Cheese	2 Nos.(240gm)/ 100g/100g/25g
	Corn Flakes/Porridge	25g
	Banana	2 Nos. (200g)
	Dry Fruits (Kishmish/Apricot)	50g
	Milk	300ml
Lunch	Soup	200ml
	Chapaties	100g
	Rice	100g
	Dal	30g
	Leafy Vegetables	100g
	Other Vegetables	100g
	Tuberous Vegetables	100g
	Curd	200g
	Fruit	200g
	Salad	100g
Evening Tea	Tea	One Cup
During Training	Fruit Juice	200ml
	Sweetened Lime Juice	500ml
After Training	Porridge	50g
	Milk	500ml
Dinner	Soup	200ml
	Chapaties	100g
	Rice	100g
	Dal	30g
	Vegetables	100g
	Other Vegetables	100g
	Tuberous Vegetables	100g
	Meal/Fish/Chicken or Paneer	250g/150g
	Salad	100g
	Fruit	150g
	Dessert	150g
Bed Time	Milk	300ml
Miscellaneous	Sugar	40g
	Honey	25g
	Cooking Oil	40g
	Spices & Condiments	As required
	L.P.G.	-
	Cleansing Material	-

Approximate food value:	% of Nutrients
Energy: 5165 k.cal	-
Proteins 176.2g	13.6
Fats: 145.7 g	25.4
Carbohydrates: 788.4 g	61.0

MENU FOR CAMPERS

AT THE RATE OF RS. 400.00 PER DAY / PER HEAD

Events such as Heavy weight and Middle weight categories of Boxing, Judo, Taekwondo, weightlifting, Wrestling & Throwing events i.e. Discuss, Hammer, Javelin, Shotput.

MEAL	ITEMS	QUANTITY
Bed Tea	Tea	One Cup (150)
Before Training	Biscuits	20g
During Training	Fruit Juice	200ml
	Sweetened Lime Juice	500ml
Breakfast	Bread	6 slices (90g)
	Butter	25g
	Jam	50g
	Eggs/Panner Cutlets / Processed Cheese/Liver	6Nos.(350gm)/150g/50g/150g
	Corn Flakes/Porridge	25g
	Banana	2 Nos. (200g)
	Dry Fruits (Kishmish/Apricot)	50g
	Milk	300ml
Lunch	Soup	200ml
	Chapaties	150g
	Rice	100g
	Dal	50g
	Leafy Vegetables	100g
	Other Vegetables	100g
	Tuberous Vegetables	100g
	Meat/Fish/Chicken or Paneer	250gm/150gm
	Curd	200g
	Fruit	200g
	Salad	100g
Evening Tea	Tea	One Cup
During Training	Fruit Juice	200ml
	Sweetened Lime Juice	500ml
After Training	Porridge	50g
	Milk	500ml
Dinner	Soup	200ml
	Chapaties	100g
	Rice	100g
	Dal	30g
	Vegetables	100g
	Other Vegetables	100g
	Tuberous Vegetables	100g
	Meal/Fish/Chicken or Paneer	250g/150g
	Salad	100g
	Fruit	150g
	Dessert	150g
Bed Time	Milk	300ml
Miscellaneous	Sugar	40g
	Honey	25g
	Cooking Oil	40g
	Spices & Condiments	As required
	L.P.G /Cleansing Material	-

Heavy weight categories

Approximate food value - % of Nutrients

Energy: 7530 k.cal

Proteins 323gm - 17.2

Fats: 242 gm - 28.0

Carbohydrates: 1015gm - 53.9

Middle weight categories

Approximate food value - % of Nutrient

Energy: 6102 k.cal

Proteins 273gm - 17.8

Fats: 189 gm - 27.7

Carbohydrates: 858g - 54.5

MENU FOR STC PLAYERS

Meal STC at the rate of Rs. 175.00 per day /per head + 7% Additional Cost for wages & Service provided by the caterer (3500 Kcal)			Meal Centre of Excellence at the rate of Rs. 250.00 per day /per head + 7% Additional Cost for wages & Service provided by the caterer (4500 Kcal)		
Meal STC	Food Items	Quantity as per sanctioned diet	Meal COEX	Food Items	Quantity as per sanctioned diet
Bed Tea	Tea Biscuits	One Cup Two Pcs.	Bed Tea	Tea Biscuits	One Cup Two Pcs.
Breakfast	Milk Parag Bread Slices Butter Jam Eggs Daliya Fruit	250 ml 4-5 slices 15 Gms. 15 gm. 02 No. 40 gms. 02 Banana	Breakfast	Milk Parag Bread Slices Butter Jam Eggs Daliya Fruit	250 ml 5-6 slices 15 Gms. 15 gm. 02 No. 40 gms. 02 Banana
Lunch	Chapaties Rice Dal Curd Green Leafy Veg. (with Potato) Salad Fruits	As desired As desired As desired 100 Gms. As desired 50 gm. 150 gm.	Lunch	Chapaties Rice Dal Curd Green Leafy Veg. (with Potato) Salad Fruits	As desired As desired As desired 100 Gms. As desired 50 gm. 150 gm.
Evening before Training	Tea	One Cup	Evening before Training	Tea	One Cup
Late Evening	Dalia/Boiled Corn/ Chikki Lemon Juice	01 Katori (20 gms.) 1-2 Glass	Late Evening	Dalia/Boiled Corn/ Chikki Lemon Juice	02 Katori (40 gms.) 1-2 Glass
Dinner	Dal Chapati Rice Meat Veg + Potato Salad Sweet Dish Milk	As desire As desired As desired 100 gms 100+50gm. 50 gm. 100 gm. 250 ML.	Dinner	Dal Chapati Rice Meat Veg + Potato Salad Sweet Dish Milk	As desired As desired As desired 120 gms 100+50 gms 50 gm. 100 gm. 250 ML.

- The quantities mentioned are those of raw eatable food.
- To prepare 10 kg of wheat soya flour, 3 kg of soya flour may be added to 7 kg of wheat flour.
- One green leafy veg. like spinach/fenugreek/Chula or yellow colored veg. like pumpkin may be served one everyday.
- Only soya oil may be used for cooking.
- For vegetarians 80 gm of Paneer may be served in lieu of two eggs for Breakfast and 50g of Paneer+15g of Nutrela may be served in lieu of the meat preparation.

SPORTS AUTHORITY OF INDIA
Netaji Subhash Regional Centre
Sarojini Nagar, Kanpur Road, Lucknow-8

**TENDER DOCUMENT FOR RUNNING MESS IN SAI NETAJI SUBHASH REGIONAL
CENTRE & DHYAN CHAND STADIUM, G.G.S.SPORTS COLLEGE,LUCKNOW**

TECHNICAL BID FORM

(Envelop A)

1.	Name of the Catering Firm/Agency	
2.	Full Postal Address with Tel. No.& Fax No.	
3.	Registration No. of Firm (Copy enclosed)	
4.	Present Line of Relevant Business	
5.	Details of other clients for providing Catering services along with copies of award letter	
6.	Income Tax return Certificate of the last three years i.e. A.Y., 2010-11, 2011-12, & 2012-13 (Copy enclosed)	
7.	PAN No (Copy enclosed)	
8.	VAT No. (Copy Enclosed)	
9.	Certified/Audited Balance Sheet by CA of last two financial years confirming turn over of minimum Rs. 50 lakhs per annum.(2010-11, 2011-12).	
10.	Contract Labour License(Undertaking to the effect that the Contract Labour Lincence to be submitted within a month from the date of award letter).	
11.	Have you ever been challenged by the Food & Audulteration Deptt. of Health for any offences, if so, give Details.	
12.	Declaration by the agency that no case/dispute/claim with arbitration court/consumer forum etc. are pending, on a stamp paper of Rs. 10/-	
13.	Earnest Money Deposit vide demand draft No. _____ dated : _____ of Rs. _____ (Rupees _____ only)	
14.	Tender Cost (where tender form is downloaded) vide demand draft _____ dated : _____ of Rs. _____ (Rupees _____ only)	

(SIGNATURE OF THE BIDDER)

with address and seal

That I/We will be responsible for all the contractual obligations including uninterrupted service, quantity & quality of food etc.

This is certify that I/we have studied site, read and understood all clauses of the tender in case of award of contract, I/we undertake to abide by all terms and conditions mentioned in the same.

(SIGNATURE OF THE BIDDER)

with address and seal

FORMAT FOR SUBMISSION OF THE TENDER ON LETTER HEAD OF THE
AGENCY
TENDER DOCUMENT FOR RUNNING MESS IN SAI NETAJI SUBHASH REGIONAL
CENTRE & DHYAN CHAND STADIUM, G.G.S.SPORTS COLLEGE,LUCKNOW

FINANCIAL BID FORM

(Envelop B)

1. Name of the Tenderer :
2. Address of the Tenderer :
3. Tender No./website :

LICENSE FEES QUOTED PER MONTH :

IN FIGURE : Rs.

IN WORDS : Rupees

This is certifying that I/we have studied site, read and understood all clauses of the tender in case of award of contract, I/we undertake to abide by all the terms and conditions mentioned in the same.

(SIGNATURE OF THE BIDDER)

with address and seal

Dated